

# MODULE FIVE

## *Assessing Fulfillment*



## UNDERSTANDING AND MEASURING FULFILLMENT

True fulfillment is the greatest reward of actualizing your purpose. Understanding what true fulfillment looks like as well as the different ways it can be evaluated in your life will help you assess what level of fulfillment you are experiencing in your life on your journey to fulfilling purpose.

On a scale of 1 to 5, honestly indicate what level you are at in the following qualitative signs of fulfillment. (1= Least and 5=Most)

**Secure**

1	2	3	4	5
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Content**

1	2	3	4	5
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Joyful**

1	2	3	4	5
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What action steps will you take to become more secure, contented and joyful.