

# MODULE FIVE

## *The Big Picture Mindset*

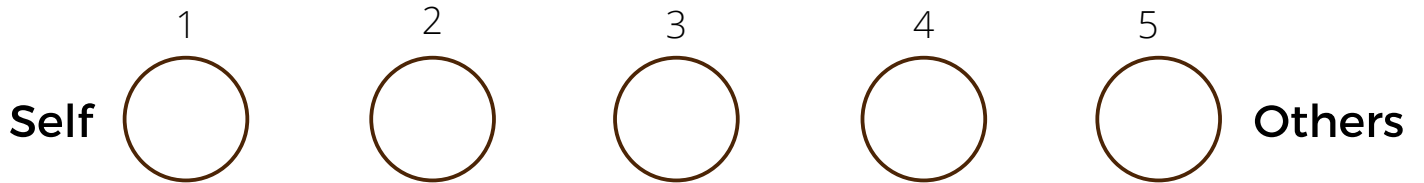


## DEVELOPING A BIG PICTURE MINDSET

A big picture mindset is one that sees ones self as part of a much bigger agenda and transcends personal concerns for the greater good.

Becoming self-transcendent requires constant practice to change the mindset from self and ego to one that is towards others. Transcending self stirs up feelings of joy and contentment that are crucial to living a fulfilled life.

How self-transcendent are you? Where do you lie on the self-others spectrum?



What steps will you become more self-transcendent?

Are you vertically or horizontally inclined? and why?