

MODULE TWO

Secondary Identities



REFLECTING ON SECONDARY IDENTITIES (1)

There are two mindset modes namely 'Being' and 'Doing'. Being conscious of your predominant mindset mode helps you take control of the direction of your life. To steer your life in the direction of your purpose, you have to be in the 'Being' mode.

Reflecting on mindset mode will help you become aware of what mode you are operating in and make necessary adjustments towards your purpose.

List the roles and titles you hold and define yourself by.
Example: Manager of XYZ.

List the vocations or professions you that contribute to how you identify yourself. Example: Lawyer, Accountant.

List the different things you own that you are proud of.
Example: property, investments, education

On a scale of 1 to 5, how much do these external influence how you define yourself? (1= not much, 5=very much)

1	2	3	4	5
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>