

# MODULE FIVE

## *Rewards & Motivations*



## UNDERSTANDING REWARDS AND MOTIVATIONS

There are rewards for actualizing purpose such as recognition, status, fulfillment of moral duties personal values. However your level of motivation for these rewards will determine how self-transcendent you are.

Understanding the different rewards and their motivations will help you take adequate measures to ensure that a healthy balance is maintained in your journey to actualizing your purpose.

Within the context of purpose, which of the rewards are more important to you and why?

In what areas do you experience over-justification?

What steps will you take to ensure a balance between the two rewards is maintained?